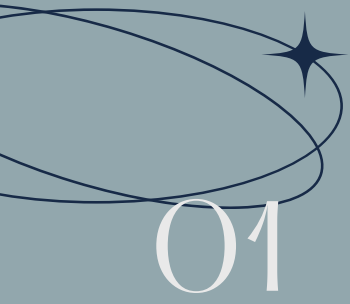




KEY DATES
CONTENT AND EVENTS
CALENDAR

2025





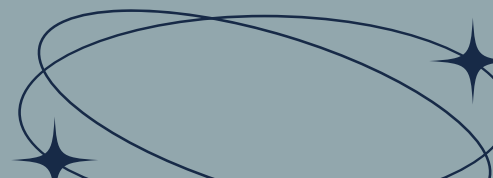
01

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Years Day	2	3	4
5	6	7	8 International Mind-Body Wellness Day	9 International Choreographers Day	10	11
12	13 Make Your Dreams Come True Day	14	15	16	17	18
19	20	21	22 Celebration of Life Day	23	24 Global Belly Laugh Day	25 Burns Night
26 Australia Day	27	28	29 Chinese New Year	30	31 National Hot Chocolate Day	

Monthly Planner

Stop dreaming and start doing.





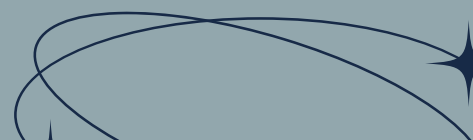
02

FEBRUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 World Tutu Day	3	4 World Cancer Day	5	6	7 National Ballet Day	8
9 National Pizza Day	10	11	12 Valentine's Day	13	14	15
16	17 National Random Acts of Kindness Day	18	19	20 National Love Your Pet Day	21	22 World Yoga Day
23	24	25 National Dance Day	26 National Pink Day (Anti-Bullying Day)	27	28	

NATIONAL HEART MONTH

Love yourself and take care of yourself.



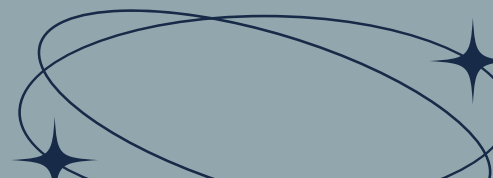


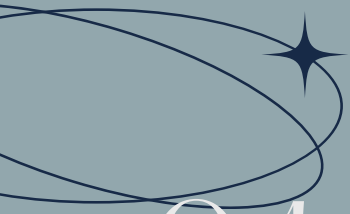
03

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 St David's Day
2	3	4 Pancake Day (Shrove Tuesday)	5	6 World Book Day	7	8 International Women's Day
9 National Barbie Day	10 Maha Shivaratri (Hindu Festival)	11	12	13	14	15
16	17 St. Patrick's Day	18	19	20 International Day of Happiness	21 World Poetry Day	22
23	24	25	26	27 World Theatre Day	28	29
30 Mothers Day	31					

Clocks Spring forward

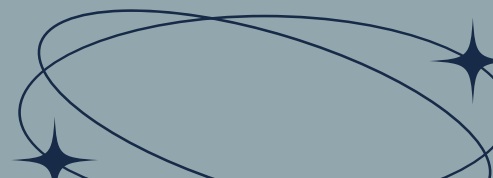




04

APRIL 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 April Fools Day	2 World Autism Awareness Day	3	4	5 Mahavir Jayanti (Jain festival)
6	7 World Health Day	8	9	10	11 National Pet Day	12
13	14	15	16 National Stress Awareness Day	17	18 Good Friday	19
20 Easter Sunday	21 National Tea Day	22 Earth Day	23 St. George's Day International Dance Day	24	25	26
27	28	29 International Dance Day	30			



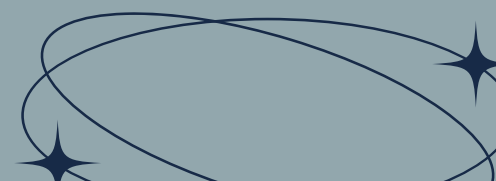


05 | MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Global Love Day	3 Write a Review Day
4 Star Wars Day World Laughter Day	5	6	7	8	9	10
11	12	13	14	15 International Day of Families	16	17
18	19 World IBD Day	20	21 World Meditation Day	22	23	24
25 National Tap Dance Day	26 Spring Bank Holiday (UK) National Sunscreen Day	27	28	29	30 National Creativity Day	31 National Smile Day

MENTAL HEALTH AWARENESS MONTH

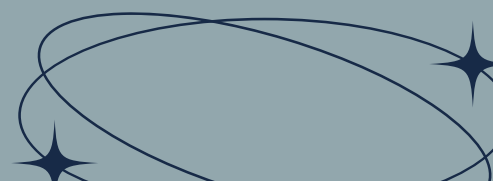
it's ok to take a break.





06 | JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Global Day of Parents	2	3	4 Hug Your Cat Day	5 World Environment Day	6 National Donut Day	7
8	9	10	11	12	13	14
15 Fathers Day	16	17	18	19	20	21 First Day of Summer International Day of Yoga
22	23	24	25 International Fairy Day	26	27	28
29	30 Social Media Day					



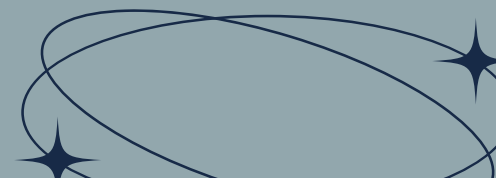


07 | JULY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 World Chocolate Day	8	9	10	11	12
13	14	15	16	17 World Emoji Day	18	19
20 National Ice Cream Day	21	22	23	24 International Self-Care Day	25	26
27	28	29 National Lipstick Day	30 International Friendship Day	31		

NATIONAL UV SAFETY MONTH

see the good in yourself and others.





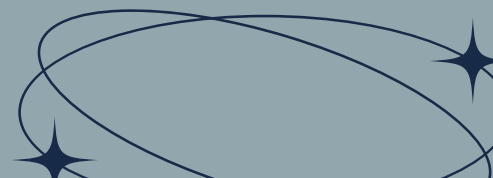
08

AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Yorkshire Day	2
3 Sisters Day	4	5	6	7 National Play Day	8 International Cat Day	9
10	11	12	13	14	15 National Relaxation Day	16 National Tell A Joke Day
17	18	19 World Photography Day	20	21	22	23
24	25 Summer Bank Holiday (UK)	26 International Dog Day & Womens Equality Day	27	28	29	30
31						

FAMILY FUN MONTH

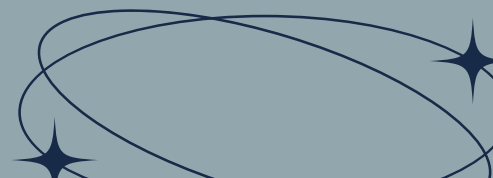
just living my best life.

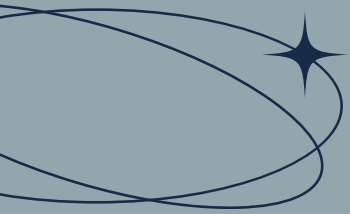


09 | SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5 International Day of Charity	6 National Read a Book Day
7	8	9 National Teddy Bear Day	10	11	12 National Day of Encouragement	13
14	15	16	17	18	19	20 National Dance Day
21 International Day of Peace	22 First Day of Autumn National Fitness Day	23	24	25	26	27
28	29 World Heart Day	30				

CHILDHOOD CANCER AWARENESS MONTH



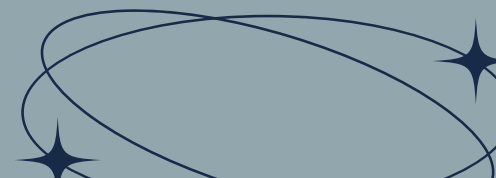


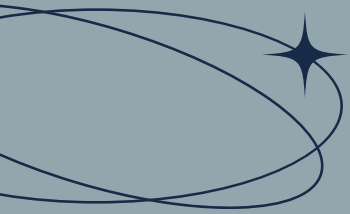
10

OCTOBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 International Coffee Day	2	3 World Smile Day	4 World Animal Day
5 World Teachers Day	6	7	8	9	10 World Mental Health Day	11
12	13 Navaratri Begins (Hindu festival)	14	15 Global Handwashing Day	16	17	18 National Chocolate Cupcake Day
19	20 Diwali	21	22	23	24	25
26 Clocks go back	27	28 National Make a Difference Day	29	30	31 Halloween	

BREAST CANCER AWARENESS MONTH



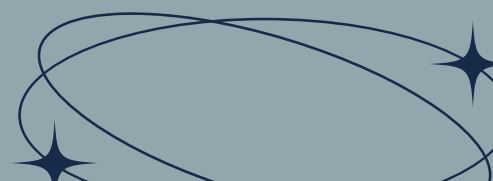


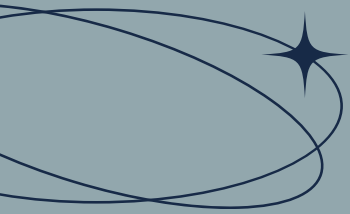
11 | NOVEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 All Saints' Day
2 World Ballet Day	3	4	5 Bonfire Night	6	7	8
9	10	11 Remembrance Day	12	13 World Kindness Day	14	15
16	17	18	19 International Men's Day	20	21 Children In Need	22
23	24	25	26 National Cake Day	27 Thanksgiving	28 Black Friday	29 Small Business Saturday
30 St Andrews Day						

NATIONAL GRATITUDE MONTH

anything worth having takes time.



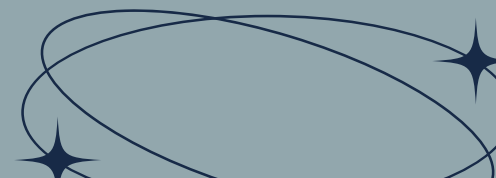


12 | DECEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Cyber Monday	2	3 Make a Gift Day	4	5	6
7	8	9	10 Human Rights Day	11 Christmas Jumper Day	12	13 National Cocoa Day
14	15	16	17	18	19	20
21 Winter Solstice	22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27
28	29	30	31 New Years Eve			

SELF-CARE AWARENESS MONTH

be gentle with yourself.





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